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SATURDAY JUNE 20
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Officer killed

Police clear the streets as shooting unfolds in Edmonton

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URBAN ETIQUETTE

Birthday blowout

Ligia Moreira, left, captain of Ecuador, challenges Gaelle Enganamouit of Cameroon during the FIFA Women's World Cup Group C match at BC Place in Vancouver on Monday. Enganamouit, who was celebrating her birthday, had three goals in the match as Cameroon beat Ecuador 6-0. More coverage in metroSPORTS.

JENNIFER GAUTHIER/FOR METRO

$1M to fund study of pot's effects on HIV

SCIENCE

Medical weed company gives grant to UBC researcher

A company vying for a licence to produce and sell medical marijuana has pledged $1 million to a University of British Columbia researcher studying pot's potential for treating HIV-AIDS.

National Green Biomed Ltd. was founded by a group including former Liberal MP Herb Dhaliwal and private investment banker David Sidoo, who is also a member of the UBC board of governors.

"Because cannabis has been seen primarily as a recreational drug, its medicinal implications have been much overlooked in formal research circles," Dhaliwal said Monday in a statement.

University of B.C. assistant professor of medicine M.J. Milloy said National Green has so far donated $200,000 toward his work, with a promise to contribute the rest of the money within five years.

The infectious disease epidemiologist was the lead investigator of an ongoing observational study that looked at the cases of 88 people infected with HIV and living in the Downtown Eastside.

Milloy said their medical records suggested that people who smoked the most marijuana had significantly less of the virus in their blood compared to those who smoked less pot or none at all.

Milloy said the donation may be used to conduct a clinical trial to draw more firm conclusions than those available through the limited study published in Drug and Alcohol Review in March.

A study on monkeys at Louisiana State University showed similar results, Milloy said.

"That's what I think is the exciting thing about science, that we're beginning to see the same thing."

Dr. Julio Montaner, head of the UBC Division of AIDS and director of the B.C. Centre for Excellence in HIV/AIDS, said some patients have reported benefiting from using cannabis. THE CANADIAN PRESS

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metro NEWS
Your essential daily news

Triple Crown champ races to cash in. Business

IN BRIEF

Province folds on plans for gaming on ferries

The provincial government says it's folding its cards when it comes to gambling on BC Ferries.

British Columbia's Transportation Ministry said a study finds gaming on ferries will end up costing more money than it makes.

A ministry statement today says a B.C. Lottery Corporation business analysis finds potential revenues from gaming will not generate a return on the investment.

The lottery corporation estimates a loss of about $240,000 a year because of added staffing, IT and equipment.

THE CANADIAN PRESS

Air Canada investigating no-screening 'error'

Air Canada investigating no-screening "error" at Vancouver International Airport

Air Canada has launched an investigation after a number of passengers on a flight from Beijing to Vancouver entered the country without clearing Canada Customs. A Vancouver International Airport spokeswoman says the passengers aboard Air Canada Flight 030 were misdirected into the domestic terminal on Sunday. Alana Lawrence says most of them were located and processed by Customs officers as usual. She says the airline is conducting an internal investigation into the error.

THE CANADIAN PRESS

Shania Twain visits elementary school

CHARITY

Country star launches Shania Kids Can program

Emily Jackson
Metro | Vancouver

Shania Twain looks every bit the superstar after decades in the spotlight, but she certainly didn't feel like a celebrity when growing up in poverty in Ontario, she told children at a Surrey elementary school on Monday.

Canada's queen of country music visited Hjorth Road Elementary School to launch B.C.'s first Shania Kids Can program, a clubhouse where children receive support they're not getting at home, including nutritious food and counselling.

With her rock-star sunglasses on throughout the news conference, she told about 20 children that her family couldn't always afford shampoo and she was sometimes embarrassed to go to school with greasy hair.

The new program, the sixth in the country, will provide these "basic simple things we take for granted" to help children go through their day with confidence and the ability to focus on their studies, Twain said.

Shania Twain visits Hjorth Road Elementary School in Surrey on Monday to celebrate the launch of B.C.'s first Shania Kids Can program. EMILY JACKSON/METRO

> **If I had this program when I was a kid, who knows where I'd be right now?**
> Shania Twain

She thanked the Surrey School Board and the Dilawri Foundation for making the program possible (the Dilawri Group is an auto dealer that donated $1.6 million to four Shania Kids Can programs across Canada). She called the charity "unpopular" because many people aren't aware of the problem. About 12 per cent of Canadian children live in unhealthy poverty, according to the Canadian Coalition for the Rights of Children.

"From my heart, I just want to say that if I had this program when I was a kid, who knows where I'd be right now?" Twain said. "I was just one of the lucky ones. I always say to myself I really made it by chance. Regardless of how much talent you have, you need support. And without support … you will most likely fall through the cracks."

"I just don't think it's fair to leave our kids that vulnerable where they could fall through the cracks just because we weren't aware this problem existed," she added.

Twain's goal is to expand the program as long as there is a need. The next clubhouse will open at a school in Saskatchewan. Twain, who took questions from the children, told students they were "beautiful on the inside and out" when she received handmade artwork from a girl power group.

Twain's next concert is at Rogers Arena on Tuesday.

VICTORIA

Bus driver sent to hospital

A Victoria bus driver was traumatized when vomit and urine apleaked onto her from the upper level of a double-decker bus early Sunday morning, according to reports from her union.

Ben Williams, president of Unifor Local 333BC, said the disturbing incident happened around 12:30 a.m. when a large group of 30 to 40 intoxicated young people boarded the No. 72 bus travelling southbound toward downtown Victoria.

The group, which was riding on the upper deck, got off the bus around Blanshard and Redbrick streets.

After they left, the driver noticed liquid dripping on her from a seam above the driver's area from the upper deck of the bus, said BC Transit spokesman John Barry. She then noticed the group had "made a mess on the upper deck, which included some vomit and urine."

Barry said the bus was taken out of service for a new bus. Although the driver wasn't injured, he said she was taken to hospital as a precaution.

Williams said the driver underwent blood testing. Some of the liquid got in her eyes, which had to be flushed, he said.

"She is very upset and it at home trying to come to terms with such a disgusting situation happening to her," said Williams. "They were being loud and obnoxious and laughing at the operator, thinking it was funny."

Police and BC Transit security are also investigating.

THANDI FLETCHER/METRO

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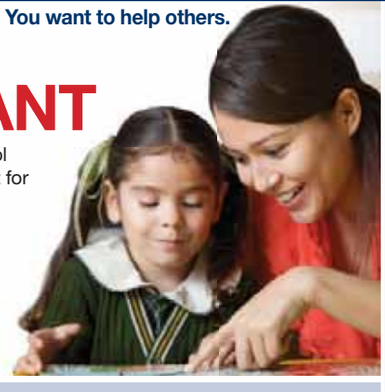

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Apps turn iPhones into powerful clinical tools

HEALTH CARE

Expert teams with Apple to revolutionize medicine

Thandi Fletcher
Metro | Vancouver

A leading U.S. health researcher believes the future of medicine lies in the palm of patients' hands — specifically, the iPhones in their hands.

Joel Dudley, director of biomedical informatics at the Icahn Institute for Genomics and Multiscale Biology at New York's Mount Sinai Hospital, is part of a group that teamed up with Apple to develop ResearchKit, a suite of health apps launched in March that transform an iPhone into a clinical research tool.

Speaking to Metro at the Personalized Medicine Summit in Vancouver on Monday, Dudley said the app allows Mount Sinai researchers to collect information from tens of thousands of willing asthma patients across the United States for research purposes.

The other ResearchKit apps study different diseases, including Parkinson's, diabetes, breast cancer and cardiovascular disease.

Researchers have already made some interesting discoveries, Dudley said.

"In the American South, people were reporting that heat was a factor in exacerbating their asthma," he said, adding with a laugh: "And as the heat was going up, only in New York City did we notice that anger was a factor, which is kind of funny because obviously the stereotype is that people are very angry there."

Joel Dudley, director of biomedical informatics at the Icahn Institute for Genomics and Multiscale Biology at New York's Mount Sinai Hospital, displays a ResearchKit app at the Personalized Medicine Summit in Vancouver on Monday. THANDI FLETCHER/METRO

Without a platform like ResearchKit, Dudley said those regional differences would have taken researchers significantly longer to realize, and at a much higher cost.

ResearchKit also syncs up with HealthKit, another iPhone app that allows researchers to access relevant data for their studies like daily step counts, heart rate and diet. That streamlines the clinical study process and allows researchers to paint a complete picture of possible causes of illness.

> **Now you can step on the scale and you get the data right from HealthKit. You don't have to be a software engineer to get access to the data.** Joel Dudley

"Before HealthKit, you would have to design a study and then you would have to design your own means to collect data from all these different devices," said Dudley. "Now you can step on the scale and you get the data right from HealthKit. You don't have to be a software engineer to get access to the data."

While some patients may have privacy concerns with ResearchKit, Dudley said Apple has assured them they never see the data.

Although it is still only a clinical research tool, Dudley hopes the app will eventually be able to help diagnose disease, and guide treatment decisions based on data from others with the same disease.

Ultimately, he'd like to see users be able to anonymously contrast their data with others to see how their health compares.

"We are definitely proponents of giving data back," he said.

HOSPICE

Canuck Place celebrates 20 years helping people

Matt Kieltyka
Metro | Vancouver

When it opened in 1995, Canuck Place Children's Hospice in Vancouver offered respite for a single family.

Twenty years later, North America's first pediatric palliative-care provider is a staple of the community and helps 600 families a year at two facilities, providing specialized treatment and pain management for children with life-limiting illness while supporting the parents and siblings through the most difficult time of their lives.

"What we allow families to do is be families," Canuck Place CEO Margaret McNeil told Metro on the eve of the hospice's 20th anniversary on Monday. "That's what really makes Canuck Place unique. Families say to us (despite the circumstances) that their lives are changed for the better."

In addition to the hospice that opened in Vancouver in 1995, Canuck Place has expanded to a second facility in Abbotsford and also provides 24/7 support for families throughout B.C., either through its call centre or by assisting local pediatricians to manage what are often painful and complex conditions.

Canuck Place CONTRIBUTED

Along the way, the hospice has gained the support of countless lifelong fans.

Chief among those has been Trevor Linden, the former Canucks player and current team president.

McNeil said Linden has been by far the most active Vancouver Canuck to get involved with the hospice and even has a shed on the grounds — that houses gardening tools and yard toys — unofficially named after him.

Families who have stayed at Canuck Place have also been a pool of support, McNeil said.

The father of one of the children who stayed at the hospice was recently accepted into medical school, vowing in his application letter to "strive for the standards" he witnessed at the facility.

The latest boost, corresponding with the hospice's 20th anniversary, is the Conconi Challenge.

As part of the challenge, McNeil said, community donations up to $200,000 will be matched by the Robert L. Conconi Foundation.

"We want to continue to care for more kids and families in B.C.," said McNeil, adding the hospice is largely donor-driven.

ENVIRONMENT

B.C. ahead on fossil fuel pledge

British Columbia is better equipped than most to phase out fossil fuels by 2100, as agreed upon by G7 leaders Monday, according to Clean Energy Canada.

The climate and energy think-tank's director of policy, Dan Woynillowicz, says the world's wealthiest nations don't have much time to waste if they hope to completely decarbonize their economies by the end of the century.

And while he said Canada, with its reliance on the oilsands as an economic driver, seems to be a "reticent" player in the G7 agreement, Woynillowicz said provinces like B.C. have one major advantage.

"While the U.S. and China have such a dependence on coal for energy, 65 per cent of Canada's electricity already comes from renewable sources," he said. "There's a real opportunity to electrify more of our economy."

In B.C., 95 per cent of electricity comes from hydroelectric facilities.

Woynillowicz said the global agreement "sets a very clear trajectory for where the global economy needs to go" and said he's optimistic that nations pledged to phase out fossil fuels on such a public world stage.

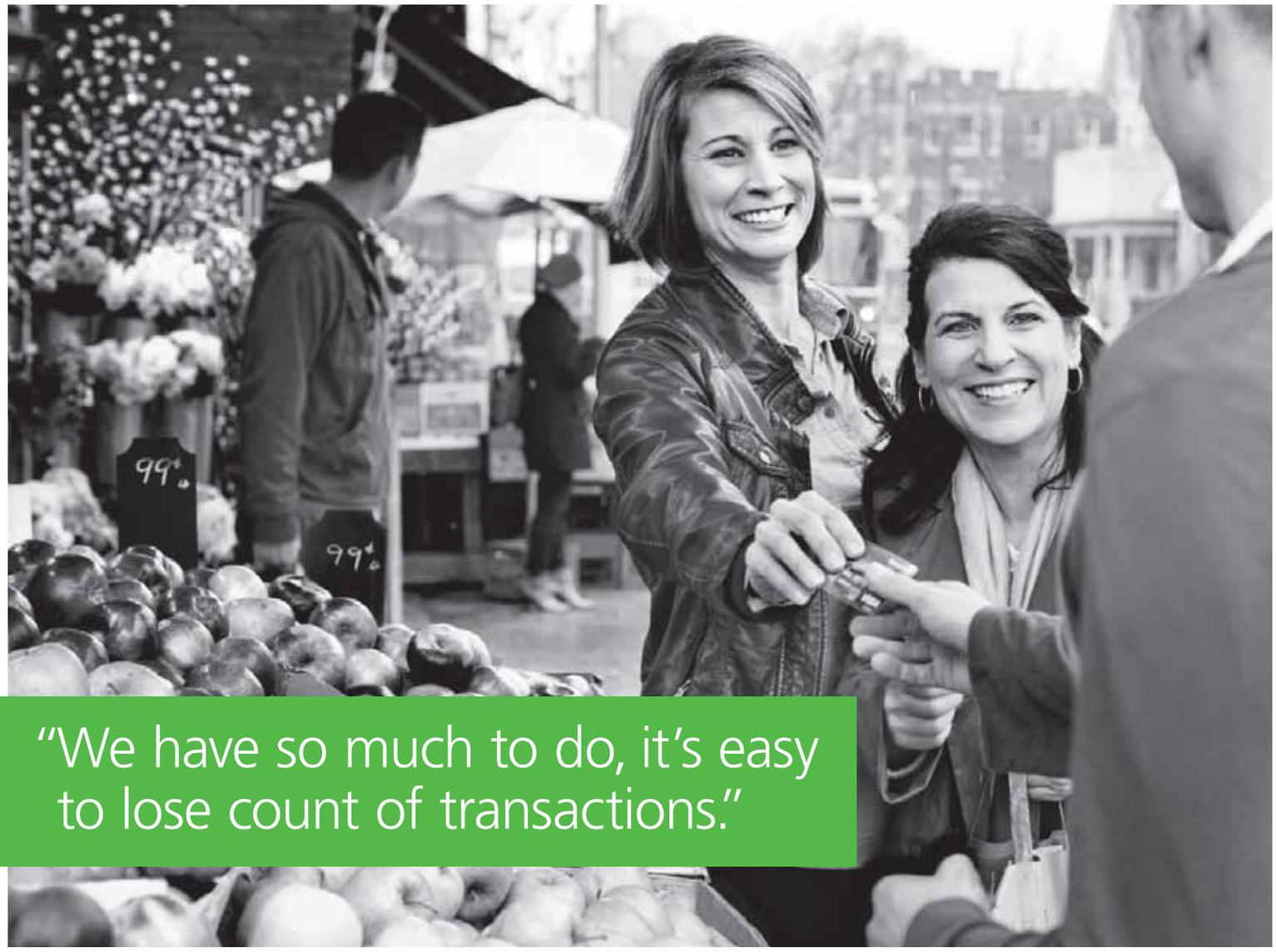
Wind, solar, run of the river and the fuel cell industries are primed to take off and the countries that embrace them first and develop expertise that can be exported to the rest of the world stand to benefit most.

While B.C. is in decent global stead, the G7 agreement does come at an awkward time as the province pins its economic hopes on one particular fossil fuel industry: Liquefied natural gas.

"It suggests there is a carbon shelf life (for LNG)," said Woynillowicz. "But in 85 years, that life can have a pretty robust share of economic benefits. And there is a significant advantage (in that) B.C. is claiming to have the cleanest LNG in the world, with the lowest carbon footprint. Though that has been disputed."

In an emailed statement attributed to the Ministry of Environment, the government said it is recognized as a world leader in the fight against climate change, but added the transition to a green economy does not happen overnight.

The province said its investments in climate action and LNG will help local and global markets transition to a cleaner future. MATT KIELTYKA/METRO



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A cyclist approaches the Point Grey Road seaside greenway in 2014. METRO FILE

No time delay for after road closure

TRAFFIC

Pedestrians, cyclists using the road more frequently

Emily Jackson
Metro | Vancouver

A year and half after the city raised an uproar by shutting a stretch of Point Grey Road to vehicles to make way for a bike lane, travel time for buses and cars is almost identical to what it was before the closure, according to data released Monday.

The city monitored how re-routing extra cars to Macdonald Street would affect the 22 bus re-route using "extremely detailed" GPS data and found travel times to be "so similar it's hard to say whether there's a change," said Lon LaClaire, Vancouver's acting director of transportation.

"It's pretty much the same," LaClaire said. "There's no real interesting story there."

The city found the same to be true for cars travelling through the Kitsilano neighbourhood, which was divided over the proposal for a seaside greenway along the Golden Mile lined with oceanfront mansions. The stretch now sees 1,000 motor vehicles per day down from 10,000 before the closure in January 2014, according to city data.

Meanwhile, the number of cyclists using the connector to the western beaches increased dramatically. The number of people cycling more than quadrupled from 600 daily to 2,700 on weekdays and 3,300 on weekends.

Pedestrians are also using the road more frequently, with an average 900 weekday walkers from 600 previously.

And more changes are afoot to encourage even more pedestrians to us the road, LaClaire said. The city is moving forward with original plans to widen the sidewalks on the north side of the street, improve the pavement conditions and finalize traffic calming at the intersections. This didn't happen immediately due to sewer work.

The city will host two open houses on June 18 and June 20 to ask for feedback from the community. Unlike the Burrard Bridge, where LaClaire said there's really only one option from a design point, the city is open to suggestions from neighbours.

"As long as we're achieving the wide sidewalk, we're not too concerned about other issues," he said.

Staff will bring final recommendations to council sometime late this year and hope to start construction in 2016.

"This improvement might make the difference between a pleasant stroll as opposed to today where it's just something to get through," LaClaire said.

IN BRIEF

Hiker found dead in B.C. backcountry identified

The coroners service has identified a man who died in a fall while hiking in southwestern British Columbia.

Twenty-year-old Sukhjeet Saggu was reported missing on Friday after being separated from a hiking group in Chilliwack Lake Provincial Park. The Surrey man's body was found at the foot of a loose rock incline on Saturday after a search lasting more than 20 hours. He was confirmed dead shortly after. The BC Coroners Service has concluded the fall was accidental. THE CANADIAN PRESS

POLITICS

B.C. NDP demand public inquiry

Opposition New Democrat Leader John Horgan is calling for a public inquiry into the firings of eight health researchers three years ago.

Horgan wants the public probe after documents revealed the government never sent evidence of alleged wrongdoing to the RCMP, even as officials announced the force was investigating.

The documents, released under the Freedom of Information Act, show police tried repeatedly to obtain information that never came, and officers eventually closed the file in July 2014.

Horgan says a public inquiry would force officials to testify, unlike when labour lawyer Marcia McNeil looked into the firings but several employees refused to answer questions.

Eight Ministry of Health researchers were either fired or suspended after an investigation into the relationship between university researchers seeking grants and employees working on B.C.'s PharmaCare program.

One of the researchers, co-op student Roderick MacIsaac, later killed himself, while other researchers pursued legal action and settled out of court.

THE CANADIAN PRESS

G7 puts Harper on the spot

SUMMIT

Leaders agree to a no-carbon economy by the year 2100

Canada's energy sector will have to transform itself to lower greenhouse gas emissions in the long term, Prime Minister Stephen Harper said Monday.

He was commenting at the end of the G7 leaders' summit, which called on its members to put their energy sectors on a low-carbon footing by 2050, a move with serious implications for Canada's greenhouse-gas-emitting oilsands.

German Chancellor Angela Merkel fell short of her goal of pushing her fellow leaders to a broad, iron-clad commitment to a low-carbon economy by 2050. Instead, the G7 agreed to a full-blown no-carbon economy, but not until 2100.

"We commit to doing our part to achieve a low-carbon global economy in the long-term, including developing and deploying innovative technologies striving for a transformation of the energy sectors by 2050 and invite all countries to join us in this endeavour," the leaders said.

"To this end we also commit to develop long-term, national low-carbon strategies."

Asked what this means for Canada's energy sector, Harper said: "Nobody's going to start to shut down their industries or turn off the lights. We simply got to find a way to create lower-carbon emitting sources of energy."

Harper took part in the G7 leaders' shortened talks on climate change as the summit entered its second and final day.

"All leaders understand that to achieve these kinds of milestones over the decades to come will require serious technological transformation," Harper said.

The Canadian Press has been told by sources who saw the working draft of the G7's climate-change communique that Canada and Japan worked behind the scenes to water down the statement.

Harper's spokesman Stephen Lecce said that was "false," noting the G7 reached a consensus that Canada supported.

Merkel placed the fight against climate change at the heart of her sweeping agenda.

She wanted the G7 summit to give France momentum when it hosts the United Nations climate change conference this December, which aims to reach a breakthrough agreement in the fight to reduce greenhouse gas emissions.

Merkel had been pushing the G7 to endorse a pledge to reach zero carbon emissions, but Canada and Japan were holdouts.

"Canada and Japan are the most concerned about this one," said one source who was privy to discussions but would only speak on the condition of anonymity.

"The two of those countries have been the most difficult on every issue on climate. They don't want any types of targets in there, so I think they are trying to make it as vague as possible at this point."

THE CANADIAN PRESS

Prime Minister Stephen Harper gives his closing remarks at a news conference after the G7 Summit on Monday in Garmisch, Germany. ADRIAN WYLD/THE CANADIAN PRESS

Senators to repay expenses

A scathing report on the spending habits of Canadian senators suggests there's a strong sense of entitlement among members of the upper chamber, many of whom often ignore "economical" options that would save taxpayers money.

Auditor general Michael Ferguson makes the statement early in a highly anticipated report, coming Tuesday, that finds about $1 million in problematic spending after a two-year review of 80,000 transactions worth about $180 million.

On Monday, a trio of top senators said they would repay expenses flagged in the audit, even though they felt they had done nothing wrong. Senate Speaker Leo Housakos, his deputy Nicole Eaton, and Senate Liberal leader James Cowan all said they would give up the right to appeal Ferguson's findings.

Together, they accounted for about $20,000, including Cowan's $10,000 bill. Senate government leader Claude Carignan has also already repaid about $3,000 in questionable travel claims for one of his staff. THE CANADIAN PRESS

EDMONTON, ALTA.

Police officer killed in firefight

One Edmonton Police officer is dead and another is injured and in the University of Alberta Hospital in unconfirmed condition after a firefight in West Edmonton Monday evening.

Preetam Sharma lives near the scene and was watering his lawn Monday in the early evening when he heard five loud pops and saw police officers running toward a home nearby.

"I saw a lot of police officers running with their guns drawn," he said.

He said an officer told him to get inside, then returned minutes later to say there was a hostage situation and that he should move to his basement.

Resident Angela Wall heard a similar number of shots.

"I heard five bangs at around 8:15 p.m. and I thought it was someone banging on their roof because it's summer, but then it was continuous," said Wall, who lives at 187 Street and 54 Avenue. "I came here and then saw all this action. I heard it was a hostage situation and someone said the K9 team was here."

As Metro went to press, details remained scarce as the shooting scene was still active. Police scheduled a media briefing at midnight at Edmonton Police Service headquarters. No official word was available, but Metro confirmed through independent police sources that one officer is dead.

Police struggled to get residents off the streets in what media reports on Twitter suggested was an ongoing, active shooting scene.

METRO IN EDMONTON

Liberals detail plan for infrastructure funds

Liberal MP Adam Vaughan
THE CANADIAN PRESS

The federal Liberals have revealed more details about how they would boost infrastructure investment if elected — a proposal that would seek to entice large private pension funds to finance small-town projects.

The Liberals have come under attack in recent days from the Conservative government, which accuses them of plotting to use the Canada Pension Plan as a source of cash for their infrastructure promises. Such a scheme would threaten to undermine the independence of the public pension plan, Finance Minister Joe Oliver warned.

But Liberal MP Adam Vaughan insisted Monday in an interview that the party is only proposing to help communities secure infrastructure cash by working with private pension funds.

The party would, he added, avoid mandating or encouraging CPP on any of its investments because of conflict of interest concerns. THE CANADIAN PRESS

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$100,000 reward for escaped killers

NEW YORK STATE

Convicts used power tools to break out

Investigators are looking into whether civilian employees or private contractors helped two murderers obtain the power tools they used to break out of a maximum-security prison near the Canadian border, New York's governor said Monday.

Gov. Andrew Cuomo said during a round of appearances on television morning news shows that he would be shocked if a prison guard was involved in the escape from Clinton Correctional Facility in Dannemora.

Cuomo said the two killers may have crossed into Canada or left for another state or could even have headed toward Mexico.

Canada Border Services Agency on the weekend sent a "look out" on the escape to its officers and said Monday it continued to exercise its usual vigilance.

Officials said David Sweat, 34, and Richard Matt, 48, cut through steel walls at the back of their adjacent cells and sliced through steel pipes while making their "Shawshank Redemption"-style breakout, which guards discovered early Saturday. Sweat and Matt were still on the loose Monday.

Investigators are interviewing hundreds of civilian employees and the contractors who have been doing extensive renovations at the 170-year-old prison, Cuomo said.

"We're going through the civilian employees and private contractors first," he said on NBC's Today show. "I'd be shocked if a correction guard was involved in this, but they definitely had help. Otherwise, they couldn't have done this on their own."

A $100,000 reward was posted over the weekend for information leading to men's capture.

Sweat was serving a sentence of life without parole for the 2002 killing of a sheriff's deputy. Matt had been sentenced to 25 years to life for kidnapping, killing and dismembering his former boss in 1997. THE ASSOCIATED PRESS

Members of the New York State Department of Corrections and Community Supervision emergency response team search a wooded area in Dannemora, N.Y., on Monday for two prisoners who escaped from the Clinton Correctional Facility.

TEXAS

Video shows officer pushing teen girl

A suburban Dallas police officer has been placed on leave after a video showed him pushing a 14-year-old girl in a bikini to the ground outside a pool and pointing his gun at other black teens.

McKinney Police Chief Greg Conley said at a news conference Sunday that the incident began when officers responded Friday to a report of a disturbance involving a group of young people at a neighbourhood pool. The police department has said they did not live in the area or have permission to be there.

When officers arrived, residents and private security pointed out the juveniles, who were "fighting and refusing to leave," Conley said.

As officers dispersed the crowd, the 14-year-old girl was "temporarily detained" by an officer, said Conley, who did not describe what led to her detainment.

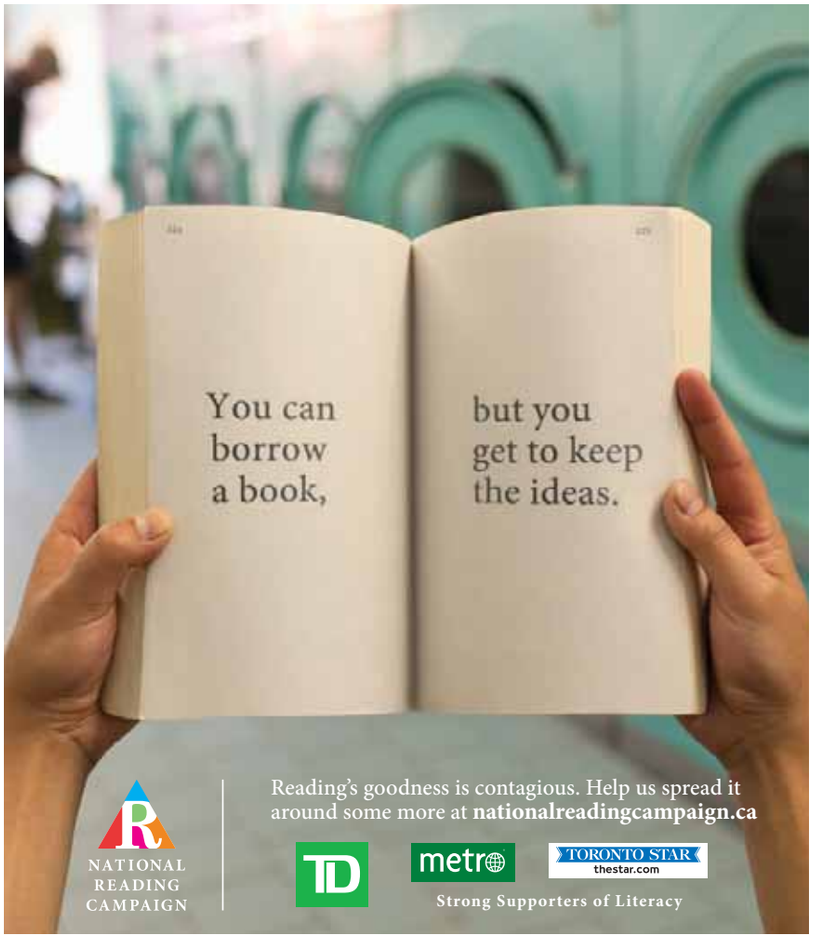
The video showed the apparently white officer pulling the girl to the ground then appearing to use his knees to pin her face-down. He can also be seen pointing his gun at other teens and cursing.

McKinney Mayor Brian Loughmiller called for the city and police to investigate quickly. THE ASSOCIATED PRESS

SOUTH AFRICA

Pistorius to be released from prison on good behaviour

Oscar Pistorius will be released from prison for good behaviour on Aug. 21 and go under house arrest after serving just 10 months for killing girlfriend Reeva Steenkamp, South Africa's department of corrections said Monday. Pistorius was acquitted of murder and found guilty of manslaughter last year. Prosecutors will again seek a murder conviction at the Supreme Court of Appeal in November, the court announced, also on Monday. THE ASSOCIATED PRESS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IRAQ

Obama concedes military training setbacks

Acknowledging military setbacks, U.S. President Barack Obama said Monday the United States still lacks a "complete strategy" for training Iraqi forces to fight the Islamic State of Iraq and the Levant (ISIL) group. He urged Iraq's government to allow more of the nation's Sunnis to join the campaign against the militants.

Nearly one year after American troops started returning to Iraq to assist local forces, Obama said ISIL remains "nimble, aggressive and opportunistic." He touted "significant progress" in areas where the U.S. has trained Iraqis to fight but said forces without U.S. assistance are often ill-equipped and suffer from poor morale.

ISIL fighters captured the key Anbar provincial capital of Ramadi last month, prompting Defence Secretary Ash Carter to lament that Iraqi troops lacked "the will to fight." That was a strikingly negative assessment of a military that has been the beneficiary of billions in U.S. assistance dating back to the war started in 2003. THE ASSOCIATED PRESS

SOUTH CAROLINA

Grand jury indicts officer for murder

It didn't take long for a grand jury to indict a white former city policeman for murder in the shooting death of a black man who tried to flee from a traffic stop.

State investigators presented the case against former North Charleston officer Michael Slager to a Charleston County grand jury on Monday, and prosecutor Scarlett Wilson announced the indictment a few hours later.

A bystander's cellphone video shows Slager firing eight times as 50-year-old Walter Scott tried to run away on April 4. The killing enflamed a national debate about how black people are treated by white police officers.

But it caused no unrest in North Charleston, where community leaders and Scott's family praised the government's swift response. Slager was charged with murder by state law-enforcement agents and fired from the police force immediately after Scott's family released the video.

The grand jury that reviewed the shooting of Michael Brown by officer Darren Wilson in Ferguson, Mo., met weekly for three months, hearing from 60 witnesses. Saint Louis County Prosecuting Attorney Bob McCulloch then spoke nearly 45 minutes, describing how jurors "poured their hearts and souls into this process" before deciding not to indict anyone in Brown's death. Angry protests and riots ensued.

When riots in Baltimore followed the death in police custody of another young black man, Freddie Gray, State's Attorney Marilyn Mosby charged six officers with crimes and then spent two weeks presenting evidence to a grand jury that affirmed nearly all the charges. "To the youth of this city, I will seek justice on your behalf. This is a moment. This is your moment," Mosby said in a passionate speech.

Wilson, by contrast, made no speeches. She called reporters to her office to announce the indictment, and made very few comments.

Asked about the importance of the cellphone video of Scott's death, she acknowledged that it's helpful to have evidence that "depicts the crime, and we aren't having to rely just on people's perceptions." THE ASSOCIATED PRESS

CATTLE

Herds at tipping point as prices rise

Shocked by what the local grocer is charging for your favourite steak or ground beef for the grill?

You're not alone. Industry experts have warned a cattle shortage would send prices through the roof this year.

Sylvain Charlebois, a professor with the University of Guelph's Food Institute, says retail beef prices have risen about 40 per cent over the past three years and the trend has continued to build each month from January through April, according to the most recent food prices compiled by Statistics Canada.

Kevin Grier, an independent food industry analyst in Guelph, Ont., says the North American cattle herd has been on the decline for about 15 years but 2014 and 2015 has been "kind of a tipping point."

Grier says he's been swamped by calls about beef prices, which he monitors as well as pork and chicken prices.

Grocery flyers were advertising popular cuts of steak at $4.99 a pound (about $11 a kilogram) as recently as two years ago, Grier says, but that was before prices went up. "Now you're seeing $7.99, $8.99, $9.99. And that's the specials."

Charlebois says Canadian ranchers and farmers are benefitting from the higher prices for their cattle but they're cautious about expanding their herds because of the costs, time and potential risks — noting that cattle prices dropped 70 per cent overnight on May 20, 2003, after an outbreak of mad cow disease that scared away consumers and closed markets.

Grier expects cattle shortages until at least 2018 because it can take up to three years to produce a new generation of cattle.

Brenna Grant of Calgary-based Canfax Research Services, which collects market information for Canada's cattle industry, says "it's the very start" of an expansion phase after a "really tough" decade for cattle producers. "Many don't have the labour available or the inclination to take on more work," Grant says.

THE CANADIAN PRESS

IN BRIEF

Housing sector picks up

The pace of new home starts picked up in May as the housing sector showed surprising strength Monday, giving economists hope for the second quarter after a slow start to the year. Canada Mortgage and Housing Corp. said housing starts hit a rate of 201,705 units in May, up from 183,329 in April. The increase was driven by multiple-unit projects in Ontario, the Atlantic region and Quebec.

THE CANADIAN PRESS

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NATURAL GAS: $2.705 US (+11.5¢)
DOW JONES: 17,766.55 (-82.91)

Triple Crown champ racing to snag deals

MARKETING

Owners look to cash in while interest is still high

American Pharoah, the first horse to win the Triple Crown in 37 years, is in a race to capitalize on its victory. THE ASSOCIATED PRESS

American Pharoah's owners and thoroughbred racing now have a new race to run: a race to capitalize on the horse's Triple Crown victory before the excitement fades away.

As the first winner of the sport's Triple Crown in 37 years, American Pharoah has a wealth of marketing opportunities that could never have been imagined by owners of the last winner, Affirmed, in 1978. At the same time, horse racing has declined into a niche pastime that is facing an aging demographic, a shrinking number of race tracks and competition from new ways of betting.

American Pharoah's owner, Ahmed Zayat, has already struck sponsorship deals with Monster energy drinks and a private-airplane membership company called Wheels Up.

Deals for merchandise are already in place, including one with Fanatics, according to Ben Sturner, CEO of Leverage Agency, the firm Zayat hired to market American Pharoah. Similar apparel and merchandise deals with All Pro Championships and Steiner Sports were announced Monday.

But Zayat will be looking for more, and he has also pledged to try to use the horse's popularity to try to give thoroughbred racing a boost. The horse is expected to compete in a few more races this year, which will increase interest and attendance at the tracks where he runs and help drive television ratings for those races.

As the winner of a crown that went unclaimed for so long that it seemed it would never be won again, American Pharoah will without question sell more merchandise and attract more sponsorship deals than any horse in recent memory. Sturner dreams of bobble-head dolls, lunchboxes, "anything you can think of that people will want to wear," and a wide range of other sponsorships.

THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Tuesday, June 9, 2015

the big number

2°C

is the target the G7 set Monday for the maximum increase in global temperatures above pre-industrial levels. Despite resistance from Japan and Canada, the coalition of rich nations will enter December's United Nations climate conference as a united front. Temperatures have already risen 0.85 C since 1880, causing rising seas and aggravating natural disasters. If current trends continue, in 17 years we will blow our carbon budget and make a 2 C increase inevitable. The UN warns a spike higher than 2 C would be disastrous, and 4 C apocalyptic. SOURCE: REUTERS

A few simple hacks can make cycling life easier

YOUR RIDE
Karen Quinn Fung

Let's get this straight: cycling is tons of fun and makes sense for many of us. But an awful lot about it can be frustrating or difficult. That can be true for driving, too. But despite the fact human beings have had bicycles with us for longer than cars, cycling has had nowhere near the same long-term, interdisciplinary effort poured into simplifying its experience compared to driving.

So almost all cyclists are perpetually learning, rethinking and engaging in trial and error to find ways to improve their experience. Resources may be scattershot to locate. If enough frustrations stack up and prove to be insurmountable, some just give up cycling altogether — often to our loss.

Enter CycleHack. Since last year, the CycleHack movement has sought to bring a constructive, solutions-oriented, do-it-yourself approach to overcoming cycling barriers.

Matthew Lowell, co-founder of the CycleHack movement and organizer of the CycleHack event happening at Maker Labs from June 19-21, describes the vision for CycleHack as "connecting those who have simple ideas and everyday innovations to those with resources, skills and networks for testing and sharing the idea to broaden its impact for cycling around the world," he told me over beers at a pre-event meet-up.

CycleHack approaches this two ways: first, organizers located in communities all over the world host events. They bring people together to identify barriers to cycling (be they physical, policy, social, cultural or otherwise), brainstorm some solutions, then try them out, with simplified or small-scale prototypes like signs or small tweaks.

Second: make descriptions of these solutions (or "hacks") and lessons learned from testing them, available in the online CycleHack catalogue for others working on similar problems near and far. Share widely and keep working.

The most valuable part of CycleHack's approach is non-judgmental curiosity. We all do what we do because it works in ways that matter to us or serves us in ways that other options don't. The urgency of our goals around climate and health is sinking in. Evidence is growing by the day to show how effectively cycling helps us fulfill those goals. Finding ways to have conversations rooted in empathy to drive meaningful change is vital.

CycleHack also recognizes that supporting cycling does not mean turning everyone into permanent full-time cyclists, nor is it about regressing to some idealized pre-car past. It's about using whatever tools we can to support each of us, trip by trip, to act with our long-term impact in mind — and to have fun learning and connecting with each other while we do.

The urgency of our goals around climate and health is sinking in. Evidence is growing by the day to show how effectively cycling helps us fulfil those goals.

Karen Quinn Fung writes on sustainable transportation issues and policy. Find her @counti8 on Twitter.

ROSEMARY WESTWOOD
metroview

Touch trumps text. But that doesn't mean text is trivial

I fell in love, in part, over Skype. Don't worry, it's more icky for me to write than for you to read.

(This column was not paid for by Skype.)

For months, C. — an American living in New Orleans — and I had been talking mostly through letters (yes, the old-fashioned kind) and a few texts, after a chance meeting while on vacation. When we finally decided to Skype, it felt big. Like first-date big.

I remember self-consciously cleaning my apartment as if he were actually coming over.

And when I saw him, I was overwhelmed. Looking (or so it felt) into his eyes and hearing his voice, something in me became convinced (sappy, I know). An hour later I booked a two-week visit to New Orleans.

That's why, one day over Skype a few months back, I suggested to him, only half-joking, that we have two anniversaries: "The first is when we met. The second is when we first Skyped."

C. has a habit of rolling his eyes. He works with kindergartners, and claims he picked it up from them: the slow, exaggerated pupils-hanging-in-the-rafters kind of eye-rolling.

"No," he said. "Nope."

I get it. "Happy First Skype Anniversary!" is an exceptionally bad Hallmark card.

But in the modern long-distance relationship, beggars for romance can't be choosers. If a special moment happens to take place through computer-mediated communication, to use the academic phrase, does that make it any less of a special moment?

I don't think it does.

In fact, researchers looking into long-distance dating relationships have shown that couples tend to communicate better — and even feel more intimately connected — when they're apart, thanks to technology.

When all you have is conversation, you end up learning a lot, and sharing a lot. When you can't kiss the person you love, imagine what you might say to them instead.

The digitally enabled feelings are also real. In that first Skype call with C., though we weren't in same room, I could still feel the pull of him. The attraction was as visceral as our first drink at a bar. (No one says swooned, anymore, right?)

I will never argue that seeing C. on a video screen is enough. We're doing long-distance out of necessity, so we can eventually be together and really share a life.

In the end, touch trumps text. But that doesn't mean a text is always trivial. And if there's such a thing as love at second sight, it happened to me, no joke, on Skype.

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PHILOSOPHER CAT
by Jason Logan

Apple Music app connects it all

LATEST FROM APPLE

Many elements come together for a new way to listen

Apple announced Monday that its new music app will cost $10 a month for one person or $15 a month for a family of up to six people.

Eddy Cue, Apple's senior vice-president of Internet software and services, said the first three months of Apple Music will be free.

Cue said Apple Music will launch in more than 100 countries at the end of the month with a software update. It is also coming to Android devices in the fall.

He showed off some features, including the app's integration with Siri, Apple's voice-activated assistant at Apple's Worldwide Developers Conference in San Francisco Monday.

Siri took requests like "Play the song from Selma," "Play the top song from May 1982," and "Play the Top 10 songs in alternative."

Jimmy Iovine, co-founder of Beats Electronics, introduced Apple Music, an app that combines a 24-hour, seven-day live radio station called Beats 1 with an on-demand music streaming service.

Beats 1, led by former BBC host Zane Lowe, will be broadcast live out of Los Angeles, New York and London.

The app will also give artists a forum called Connect to allow them to interact with fans by releasing demos, playlists, sound bites, videos and songs.

Drake was on hand at the conference to help introduce the program. The Toronto rapper also said he would release his new album through Connect

"Instead of having to post your stuff on these different and sometimes confusing places, it's all in one place: Connect," said Drake.

Iovine said the app brings together elements of the music world that are confusing and currently spread across many apps.

The back story

Apple's iTunes helped change the way music lovers bought their favourite songs, replacing plastic discs with digital downloads.

Now the maker of iPods and iPhones wants to carve out a leading role in a revolution well under way.

With millions of listeners already tuning in to streaming outlets like Pandora and Spotify, analysts and music-industry sources say Apple Music is aimed at winning back some of those customers and nudging longtime iTunes users into a new mode of listening.

Analysts say the company needs to build a robust streaming business if it wants to maintain its central role in the popular-music ecosystem. Most recordings today are still sold through digital stores like iTunes, which opened in 2003. But those sales have declined, while streaming services are rapidly gaining subscribers and revenue.

"Streaming media is increasingly important to the computer-using experience, so it's important for Apple to have a role there," said Creative Strategies analyst Ben Bajarin.

THE ASSOCIATED PRESS

Streaming media is increasingly important to the computer-using experience, so it's important for Apple to have a role there.

Ben Bajarin, Creative Strategies analyst

Apple VP Eddy Cue, left, high fives with Drake at the launch. Top: Apple Music on iPhone 6. MAIN PHOTO: GETTY IMAGES; TOP PHOTO: APPLE

NEW BUSINESS MODELS

Putting a price on music streaming as usage nearly doubles

How much are Canadians willing to pay to stream music?

It's a question that continues to flummox analysts, record labels and particularly online streaming services.

As one component of its extensive Canadian Nielsen Music 360 report, Nielsen Entertainment polled consumers on how much they'd be willing to spend monthly for unlimited streaming of songs and albums without advertising.

The respondents, on average, said they would be willing to devote $6.20 per month or up to $7.80 for high-quality audio. But, of course, they were speaking on a hypothetical basis.

Those numbers lie in the middle of the range of options offered by streaming services in Canada. And with Apple rumoured to unveil its own service imminently, much of the speculation has centred on how much it will cost.

Currently, Spotify offers a limited free service in addition to a $9.99 per month premium version, which offers ad-free on-demand listening. Newcomer Tidal provides subscriptions for either $9.99 or $19.99 per month. Rdio, meanwhile, recently introduced a new $3.99 subscription tier called Rdio Select, joining its free ad-supported streaming radio service and its $9.99 ad-free on-demand service.

The new plan allows subscribers to download 25 songs and replace them once per day, as well as offering unlimited song skips and high-quality sound.

"This is the coach class version, if we were an airline — and up till now, the only seats available on airlines were business class," said Rdio CEO Anthony Bay in a recent telephone interview.

94%

Increase in the volume of music streaming in Canada since Neilsen started tracking it in July 2014.

Bay said the new tier — less than the cost of a latte, he touts — was essential in part because the average listener spends only around $45 on music annually.

"Although it's a tremendous value, the challenge with the $9.99 (monthly) price point is it's more than most people have historically spent on music," he said.

"We think the big opportunity is reaching out to people who have never been interested in subscribing," he added. "For those people, $20 per month is a big jump — even $10 for a lot of people is a big jump.

"We're very focused on the broad consumer market."

According to Nielsen's research, that market is growing quickly.

In Canada, streaming volume is up 94 per cent since Nielsen began tracking streaming in July 2014.

The number of Canadians who reported streaming music in the past year grew to 71 per cent. And streamers skewed young; teens spent twice as much time streaming music as the general Canadian population.

Representatives for Tidal and Spotify declined requests for comment. THE CANADIAN PRESS

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Jamie xx succeeds with solo album

INTERVIEW

Jamie xx on his solo debut and befriending Caribou

On his incandescent solo debut, In Colour, Jamie xx faced an opportunity to wrest the spotlight for himself. Instead, he chose to invite his xx bandmates to bask in the record's biggest moments.

Romy Madley Croft contributes her haunting vocals to the wistful SeeSaw and the cathartic Loud Places, while Oliver Sim's icy croon elicits the album's most resounding echo of the xx on Stranger in a Room.

"They're the easiest people for me to work with and the best, because I know them so well," said Jamie xx (née Smith) during a recent interview in Toronto.

"They're the reason I'm able to make this record in the first place. It wouldn't make sense without them."

Upon interacting with the Brit producer, it becomes clear he's likely the type to peel from the spotlight. But with In Colour garnering rave reviews, he'll have to endure the attention.

The record finds a great balance between conflicting feelings.

I enjoy sad music, but then as soon as I'm making music that I'm happy with, I feel the happiest I've ever been.

So I think what comes out is a juxtaposition of melancholy and joy.

Jamie xx goes solo with In Colour (inset). MICHAELANGELO MATOS

You collaborated with Caribou (Dan Snaith from Dundas, Ont.) on a long mix. How familiar are you with him?

I've known him a long time now. I used to go listen to him play at (London club) Plastic People, and I'd be waiting for him to finish to go and chat about records.

I'm a fan of his music, definitely. I listened to him back when he was Manitoba, in the early days of me making music.

Is there pressure on you to wrap up the new xx album?

There's not really pressure, except from ourselves to have some sort of deadline so that we don't just endlessly make music. THE CANADIAN PRESS

IN BRIEF

Garbage announces 20th anniversary tour

Alt-rock band Garbage is celebrating the 20th anniversary of its debut, self-titled album with a tour called 20 Years Queer.

The band will perform the 1996 LP in full, front to back, on dates throughout North America and Europe this fall.

They'll start Oct. 6 in San Diego, hitting cities in the U.S. and Canada before kicking off the European leg in Cologne on Oct. 31, wrapping up in the U.K. in mid-November.

Dates and ticketing info is available via garbage.com. AFP

REALITY TV

Master P gets real in Family Empire

Hip-hop mogul Master P said his new show brings something that's missing from reality TV: positivity. The rapper invited cameras to follow his life with five of his children, ages 10 to 25, for Master P's Family Empire.

"We're about to make it cool to watch good, positive, family TV," said Master P. "The Kardashians are entertaining, but what we're doing is positive entertainment, which is supposed to not be cool. With my family, we're going to make it cool."

The show, set to launch in November on Reelz, will follow the single dad as he navigates raising his youngest children while his oldest carve out entertainment careers.

"Whatever the stereotype of what a hip-hop family looks like, we'll show them what it do look like," said Master P. THE ASSOCIATED PRESS

Master P and son Romeo, 25. DOUGLAS JONES/REELZCHANNEL VIA AP

More bang for your buck

THEN AND NOW

Getting down to the business of today's music festivals

SOUND CHECK

Alan Cross

On Friday, March 21, 1952, 20,000 kids piled into the Cleveland Arena at the behest of DJ Alan Freed to see almost a dozen acts perform the songs heard on his WJW-AM radio show. Although this has been called the first-ever rock 'n' roll concert, the sheer number of performers also allows us to call this the first rock festival.

None of the acts that night — Paul Williams, Tony Grimes and The Dominoes among them — could possibly draw that many people on their own. But when bundled together on a single bill, the appeal intensified exponentially. It was also cost-effective. Shared resources kept overhead low and margins fat.

Festivals soon went on the road. Buddy Holly was part of the Winter Dance Party with the Big Bopper, Richie Valens, Frankie Sardo, and Dion and the Belmonts when his plane went down in that Iowa cornfield. Dick Clark's Caravan of Stars took artists from Chuck Berry to the Yardbirds to the people between 1959 and 1967.

The stationary rock festival really began with Monterey in 1967, attracting an unprecedented 90,000 people. But then messy Woodstock and the disastrous Altamont followed in 1969, killing much of the appetite for festivals for the next couple of decades. (Europe was a different story; there's a long tradition of people standing in a muddy field for a weekend of music.)

Old-school travelling festivals made a comeback with Lollapalooza in 1991. Added together, a pack of fringe-y alternative acts proved once again you could attract tens of thousands of fans with a package tour. Its success spawned a number of travelling shows including Warped, Edgefest, Summersault and Another Roadside Attraction.

Today, festivals are an important part of the summer touring strategy. But instead of a bunch of artists touring together in a self-contained way, individual artists make the rounds of festivals. Things start with SXSW in March and continue through Coachella, CMW, Sasquatch, Governors Ball, NXNE, Bonaroo, Sled Island, WayHome, Firefly, Pemberton, Lollapalooza and Rifflandia plus three Edgefests and three Riot Fests. (There's a lot more, but you get the idea.)

A tour that hits festivals makes great financial sense — and for a great collective cultural experience. Acts of all sizes get to play in front of massive numbers of people. Fans get to enjoy dozens of acts in one place for one price. And while logistically challenging, it makes great sense for promoters, agents, managers and record labels.

SEE 'EM PLAY

Some of the big headliners at upcoming Canadian music festivals:

- Kendrick Lamar, The Black Keys @ Pemberton Music Festival in B.C.
- Kanye West, The Tragically Hip @ Ottawa Bluesfest
- Sam Smith, alt-J @ WayHome in Oro Medonte, Ont.
- Alexisonfire, Wu-Tang Clan @ Riot Fest in Toronto
- Purity Ring, Alvvays @ Halifax Pop Explosion

METRO

Kendrick Lamar, left, and Dan Auerbach of the Black Keys will play the Pemberton Music Festival next month.

GETTY IMAGES

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URBAN ETIQUETTE **ELLEN VANSTONE**

The question What's the proper way to end a text conversation?

Dear Ellen,
What's the proper etiquette for ending a text conversation? I have one friend who texts a lot, and I want to be polite and always text back, but the conversation never seems to end, she just keeps texting, and if I don't respond she sends 10 more texts to ask if I'm okay, or if I'm mad or whatever, and then I have to respond, but when I …
— Lindy

Dear Lindy,
Sorry I had to cut off your question there, and sorry if it hurt your feelings but I'm doing it for my own good. And you will survive. See what I just did?

I saw that you were going to waste my time with excessive communication in your needy state, and I took control. I wasn't rude about it. I didn't just ignore you and leave you hanging. I didn't offer transparent lies about my phone falling into the toilet. Or that someone was at the door. Or that I was running late for whatever. I explained my actions, and respectfully ended the conversation.

And both of us will be better off for it — me because my time will be put to better use helping you instead of indulging your needy behaviour; and you, because you will be helped by learning that it's OK to end a conversation.

We all have friends who over-text. Some of us, in our day, have been over-texters ourselves, madly sending messages and witty emoticons late into the night when we've been lonely or bored, overly refreshed, or simply overtired.

The over-texter is like a rat in a lab experiment, compulsively pressing that damn lever (or send button) to get a food pellet (or reply) for a momentary jolt of pleasure and affirmation (I exist! I exist!).

But here's the problem. When the food pellets (or replies) arrive intermittently, the compulsive behaviour is reinforced even more strongly! This kind of random reinforcement has been clearly demonstrated in studies of both flying rats (pigeons) and slot-machine gamblers (humans).

This is why it's important to be firm and crystal clear when you end a text conversation. You don't want your rat-brained friend to go haywire at the food-pellet lever, and you don't want them to suffer when they don't get a reply.

Don't worry. They'll survive. Or maybe they'll find a new victim. Either way, you're off the merry-go-round of their addictive texting, and you can rest assured you have behaved correctly.

Need advice? Email Ellen at scene@metronews.ca

WORK STRESS

New job dangerous for waistline, study finds

Job stress is often blamed for weight gain, but perhaps previous studies have been wrong. A new study published in the June 4 issue of the International Journal of Obesity showed no link between job stress and weight gain or obesity.

The one group that did gain weight was made up of men and women who went from a relatively stress-free work situation into one where they experienced more anxiety.

This suggests that a change in job stress levels might be more important to weight gain than a consistent level of stress.

Thus, a new job with an increase in workload and pressure would be more dangerous for the waistline than daily work-related stress. AFP

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metro
Learning Curve
Tuesday, June 9, 2015

Former British Columbia attorney general Wally Oppal was recently named an honorary fellow by Douglas College, the school's highest honour. CONTRIBUTED

Douglas honours former AG

Daniel Hendriksen
For Metro

Former British Columbia attorney general Wally Oppal was recognized by Douglas College with the institution's highest honour. During its summer graduation ceremonies on June 3, Douglas named Oppal an honorary fellow.

Oppal, who grew up in B.C., has enjoyed a successful career as an attorney and in politics. A graduate of law from the University of British Columbia, Oppal began his career in a private practice. He has since served as a judge for the county court of Vancouver, the Supreme Court of B.C., and then the B.C. Court of Appeal, among numerous other prestigious roles.

In addition to serving as the province's attorney general, Oppal was MLA in the riding of Vancouver-Fraserview in 2005, and also served as the minister responsible for multiculturalism.

Yet another significant entry on Oppal's resumé was his appointment as commissioner of the Missing Women Commission of Inquiry, which investigated the disappearance of several women from Vancouver's Downtown Eastside. As a result, the commission produced a 1,448-page report that included recommendations to better protect women and improve policing.

"The commission's report has resulted in changes to policing and how police deal with violence against women in B.C.," Oppal said in a press release. "From that perspective, I'm very proud of what we accomplished."

"It is our great pleasure to recognize the honourable Wally Oppal with the highest distinction Douglas College can bestow — honorary fellow," said Douglas College president Kathy Denton. "Throughout his career, Mr. Oppal has dedicated himself to improving public safety and promoting justice, particularly for some of the most vulnerable people in our society. He is a tremendous example for our students, especially those studying criminology, legal studies, and other programs that consider social justice issues."

KPU ANNOUNCES OUTSTANDING ALUMNI

The two newest recipients of the Kwantlen Polytechnic University Alumni Association (KPUAA) distinguished alumni awards were recently announced.

Thanks to their ability to enhance KPU's reputation through outstanding achievements in their careers, public and community service, Ken Puls and Tania Dick were presented with the awards during the school's spring convocation.

Ken Puls. CONTRIBUTED

Puls earned his diploma in accounting and general studies in 1998. Today, he lives in Nanaimo and is president and chief training officer at Excelguru Consulting Inc. He started his accounting career with a small business before moving into private industry accounting. An expert in Microsoft Excel, Puls created a website that is home to Excel help articles, a blog, and forum dedicated to helping users with their Excel issues. The site sees approximately 400,000 unique visitors per year and has even been referenced by NASA in a project for reporting power levels on the International Space Station.

Dick, a resident of Port Alberni, graduated from KPU's bachelor of nursing program in 2003. She has been a nurse at Cormorant Island Health Centre and president-elect of the Association of Registered Nurses of B.C. Dick is from Dzawada'enuxw First Nation of Kingcome Inlet, B.C., and is dedicated to improving the quality of nursing care, with a focus on Aboriginal populations and rural communities. She is an advocate and role model for Aboriginal people interested in pursuing healthcare-related education.

JIBC

Sheriffs assigned across province

A new cohort of deputy sheriffs has graduated from Justice Institute of British Columbia (JIBC) and will be dispatched to courthouses across the province.

The 12 new grads have completed JIBC's 16-week sheriff recruit training program and have been assigned to Prince George, Fort St. John, Quesnel, Kamloops, Terrace, Williams Lake, Dawson Creek, Vernon and Cranbrook, with one additional recruit working out of New Westminster to serve courthouses in Vancouver, North Vancouver, Richmond, Surrey, and Port Coquitlam.

"As Canada's leading public safety educator, the Justice Institute of British Columbia is proud of our contributions to safer communities and a more just society, having trained more than 1,000 sheriffs in B.C. over the last 35 years," Dr. Laureen Styles, JIBC vice-president, academic, said in a press release. "Our strong relationship with the ministry of justice affords us the ability to ensure that the training provided is highly relevant to the work that graduates will be undertaking. We congratulate our sheriff graduates for completing their program and wish them well in their new responsibilities throughout the province."

Throughout their studies, the graduates learned their craft in both a classroom setting and with hands-on training. Joining approximately 495 sheriffs serving throughout the province, the recruits will be responsible for: Providing prisoner escorts between courthouses, correctional centres and police lock-up facilities; courthouse and courtroom security, including the management of courthouse lock-up facilities; jury management; and providing protection services to government, as well as threat assessment to ministries. **DANIEL HENDRIKSEN**

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Funding from the federal government will allow the British Columbia Institute of Technology (BCIT) to launch the National Advanced Placement and Prior Learning Program (N-APPL) for military veterans. CONTRIBUTED

Program to help veterans

Daniel Hendriksen
For Metro

New funding in the amount of $830,000 from the federal government will enable the British Columbia Institute of Technology (BCIT) to launch the National Advanced Placement and Prior Learning Program (N-APPL) for military veterans.

The announcement was made May 22 by Pierre Poilievre, minister of employment and social development, along with Dan Albas, member of Parliament for Okanagan-Coquihalla. The initiative will allow former and current members of the Canadian military to receive advanced placement into programs across Canada so they can enter the labour market more quickly using the skills they have acquired in the military.

"Creating jobs, economic growth and long-term prosperity continues to be our government's top priority," Poilievre said in a media release. "That is why our government is taking action to help military veterans get credential recognition for their valued military service, so they can more easily, and quickly, transition into civilian employment. By helping these men and women who have served our country, we are also helping address shortages in key occupations and regions across Canada."

The program will also be put into place at the Northern Alberta Institute of Technology (Edmonton), Fanshawe College (London, Ont.), triOS College (locations across southern Ontario) and Memorial University (St. John's).

According to BCIT, the project will help support all military members in Canada, including veterans and non-commissioned members. There are 70,500 regular and reserve members in the military in Canada, of which 59,000 are non-commissioned members.

SCOTIABANK DONATES $1M TO SIMON FRASER

Scotiabank has donated $1 million to Simon Fraser University (SFU) in order to promote social innovation at the post-secondary institution.

The funds will be most beneficial to students involved in the Beedie School of Business' RADIUS (RADical Ideas Useful to Society). The program is designed to keep students on the cutting edge of social innovation and entrepreneurship.

"Thanks to the generous support of Scotiabank, SFU will be able to further facilitate the development of the next generation of social innovators," SFU president Andrew Petter said in a media release. "We are extremely grateful to Scotiabank for its generosity and foresight."

The $1 million will be broken up into three different allotments to support specific initiatives: $500,000 will be used to create the Scotiabank student award in social innovation in order to attract and retain entrepreneurial undergraduate or graduate business students; $300,000 will be put towards the social innovation student competition team fund, a student competition that will inspire novel solutions to society's most pressing challenges; and the remaining $200,000 will be for the student social innovation conference and event fund, which will allow students to attend and compete at social innovation-focused conferences and events.

"Now is a time where innovation is key to survival for any business, and entrepreneurs need to be adaptable to ever changing circumstances," said Winnie Leong, senior vice-president of Scotiabank's B.C. and Yukon region.

"Scotiabank is investing in young people by supporting SFU, as it helps guide Canada's future social innovators. We look forward to seeing the achievements of these dynamic young students through the new social innovation offerings at RADIUS."

The gift from Scotiabank was announced June 1, as the two parties celebrated their 50-year relationship, and also to coincide with SFU's 50th anniversary.

For more information on RADIUS, visit radiussfu.com.

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Dropping positive vibes

Daniel Hendriksen
For Metro

Kwantlen Polytechnic University student Calvin (Kalvonix) Tiu, left, and KPU graduate Rick (Big Love) Kumar are using their musical talents to relay positive messages to high school students. CONTRIBUTED

It may be "all about the Benjamins" for some rappers, but it's also about giving back to the community and reaching out to the area's youth for a Surrey duo.

Kwantlen Polytechnic University (KPU) graduate Rick (Big Love) Kumar and his partner, KPU student Calvin (Kalvonix) Tiu, are using their musical talents to relay a positive message to high school students.

The rappers recently took part in a four-month high school outreach program called Frontier Poetics, which saw Kumar and Tiu travel to 16 different high schools. The visits to the schools allowed the pair to deliver rap/spoken word/poetry workshops on the power of language, creativity, anti-bullying, lifelong friendships, and becoming teachers.

With more than 700 students participating in the workshops, Frontier Poetics, which was sponsored by the KPU English department, the faculty of arts, and Coca-Cola Refreshments, was hugely successful.

However, Kumar and Tiu went even further than that in their efforts to give back. The young men created a one-time bursary in their name to support a struggling arts student.

"Alumni give back, but Rick and Calvin's award would be the first of its kind for undergraduate students supporting other undergraduate students," KPU English instructor and Frontier Poetics manager Greg Chan said in a media release. "They are also donating proceeds from the sale of their CD, Become the Dream, to the Canadian Breast Cancer Foundation."

Their unprecedented philanthropy didn't go unnoticed as Big Love and Kalvonix were awarded top 25 under-25 awards by the Surrey Board of Trade on May 28 after being co-nominated for their community activism by instructors Chan and Sue Ann Cairns.

Thanks to support from Chan, a KPU faculty of arts excellence and advancement award, and a Coca-Cola Refreshments grant, the rap duo was able to release their first music video called Hello Farewell, which they also performed at KPU's spring convocation.

Langara instructor makes a difference

Dr. Lyren Chiu, an instructor at Langara College, recently received the outstanding woman of Canada award. CONTRIBUTED

An instructor in Langara College's school of nursing was recently presented with the outstanding woman of Canada award. Dr. Lyren Chiu received the honour at the United Global Chinese Women's Association of Canada Celebration dinner last month at the River Rock Show Theatre.

Chiu was nominated for the award in recognition for her contributions to Canadian health care. Over the past 15 years, she has put countless hours into starting and working with several not-for-profit organizations, community services, and social enterprises.

"Lyren's approach towards nursing education through spirituality and integrated healing provides a fresh point of view in our department," Janine Lennox, chair, school of nursing, said in a press release. "We are very proud that our faculty member is receiving this prestigious award."

Being recognized for her tireless work is nothing new for Chiu. She was also the recipient of the Peter Wall Institute for Advance Studies early career award. In the past, she has also been called both a "visionary" by Vancouver Women's Magazine, and as a "change agent" by the Diasporas Project, led by SFU, in recognition of her work in educating Canadian society about the values and practices of integrated healing.

"I was thrilled to be nominated for this award," Chiu said of the outstanding woman of Canada award. "I have dedicated my career to researching, teaching, and advocating for spirituality and healing. It is wonderful to know that I have been able to make a difference in this field."

Chiu holds a master's of science from the University of California, San Francisco, and earned a PhD in nursing from the University of Texas at Austin.

DANIEL HENDRIKSEN

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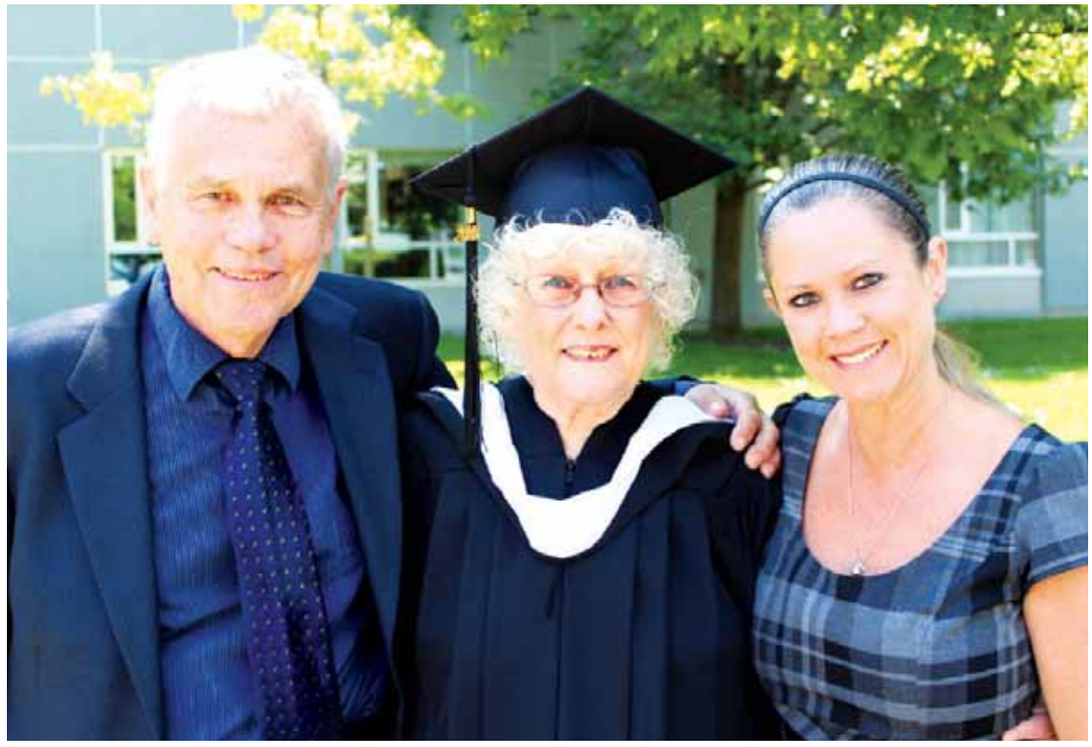
Woman earns bachelor degree in psychology after 18 years

Daniel Hendriksen
For Metro



Rodlynn Cheetham, centre, received her BA in psychology from Kwantlen Polytechnic University. CONTRIBUTED

The recent spring convocation ceremonies at Kwantlen Polytechnic University (KPU) were the largest in the school's history, with almost 1,000 students graduating from various programs.

One of those students was Rodlynn Cheetham, a woman who received her degree after 18 years.

Cheetham, 69, who came to Surrey from South Africa in 1990, received her diploma from KPU in early childhood education in 1997. Since then, she has worked 12 hours a day at her daycare while enrolling in one or two courses per semester. Finally, 18 years later, she was able to walk up on that stage to accept her BA in psychology.

"When I started I was mother to most of those students, but completed my degree being grandmother to many of the professors," Cheetham said in a press release. "I forgot my age, and the fact that my grey hair was slowly turning white. My life experience made studying rewarding. It was now an interest rather than a means to acquire a profession."

Cheetham's family was in attendance at the convocation ceremonies. Her daughter, Tammy Johnson, said her mom's tenacity and determination never wavered as she pursued her degree while working and raising her family.

"Most of us would have given up, but my mom loves education and believes it's important regardless of your age, and now, as a senior, she believes it has the added bonus of keeping her young and her mind alert," Johnson said.

Cheetham said she enjoyed how the information and technology involved in education has evolved over the years, calling it "mentally refreshing." She went on to say her family, instructors and peers played a significant role in keeping her going throughout the years, and she feels she is living proof that you can achieve your goals at any age.

METRO CUSTOM PUBLISHING

Building a better future with Brighton College

For people looking to make their mark on the world, few careers give you the opportunity to make a dramatic statement like architecture. Brighton College's Surrey campus will launch the architectural design and building technician program in September.

The 35-week program is fully instructor led, with all instructors possessing relevant designations and a minimum of five years industry experience. In addition, a four-week practicum at various design or engineering firms is required for graduation.

"I took the construction drafting technician program and the architectural drafting technician program at the same time," says Matt Maxey, a student in the program who explained that he entered into a career change following an injury that forced him out of his previous job teaching snowboarding. "The job skills were all really relevant for what I noticed in my practicum placement. I enjoyed it and everything that I learned here I put to good use."

A high school diploma (or equivalent) or mature student status is required for admission, along with English language requirements. Students interested in applying to the program can visit brightoncollege.com or call 604-430-5608.

Maxey says taking advantage of the support the school provides can be invaluable.

"Work hard every single day, ask all the questions you can, and make use of the resources that are provided," he says.

"And the biggest resources here, it's not the software, it's not the books — it's the teachers. These people are fantastic and they will help you with whatever you need. You just have to ask."

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BRIGHTON COLLEGE

MAKING TRANSITIONS EASIER

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For parents of young children, sending a child to school for the first time can be stressful. For those rearing a child with unique gifts and abilities, the transition can be particularly daunting.

"A lot of people think of giftedness as simply referring to kids who excel in school," says Eric O'Donnell, director at Madrona, an independent school in Vancouver that focuses on the needs of gifted learners. "High-ability kids need particular supports in the same way other children with special needs do."

Madrona is working to make that transition easier on families. With very small class sizes and a philosophy of meeting each child at their level, Madrona hopes to make elementary school a more rewarding experience for bright children from Day 1.

It does this by having a teacher for every four to eight children, teaching in ability-based groups rather than strictly by grade, and getting to know students and families carefully.

"We take each child as they are, meet them there, and then work with them to find the right level of challenge to inspire them to learn more," O'Donnell says.

Madrona is accepting applications for September for students in kindergarten through to Grade 3.

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Hone your skills at CDI College

Not every career allows you to see the confident, bright smile you put on your client's face.

CDI College's dental technician program — one of five programs in Canada recognized by the College of Dental Technicians of British Columbia — provides consistent, world-class education that gives students the hands-on training and precision they need to excel in this exciting field.

Work carried out by dental technicians is highly sensitive and requires the utmost attention to detail, which is why textbook learning is not enough. Through state-of-the-art on-campus labs, students will be able to develop and hone their skills prior to entering the workforce.

"Hands-on practical training is better because it prepares you for situations that arise in which no traditional textbook methods can," says CDI College graduate Nikki N.

Students will also partake in multiple practicum placements, where they can observe lab procedures as well as acquire direct work experience building dental appliances and more.

"My career choice has changed my life by giving me a purpose — a career instead of just a job," says graduate Allison E. "I would recommend this program to anybody who is looking to start a career in the field."

For more information on the dental technician program, visit study.cdicollege.ca or call 1-800-360-7186.

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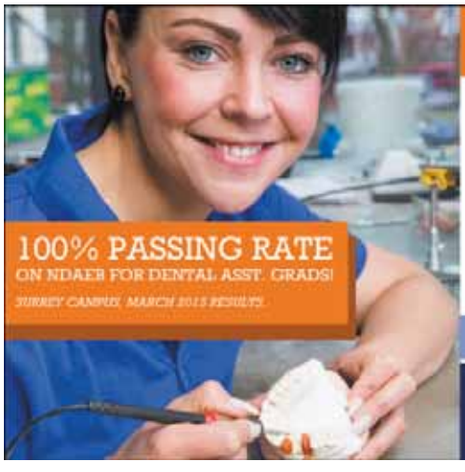

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Are you hungry for a new career?

Culinary arts at Vancouver Community College

What's the perfect recipe for a successful career in the culinary arts? Find out at Vancouver Community College.

"The VCC culinary arts program prepares learners for employment by providing authentic learning experiences in professional kitchens," says Mike Steele, the assistant department head, culinary, at VCC. "We have numerous different kitchens and outlets and a huge, diverse faculty that has been trained internationally, including in England, Scotland, and more."

There are 11 different kitchens and outlets where students gain experience. The school has a fine dining restaurant on campus, JJ's, which is run by its culinary students. That's in addition to pop-up kitchens that the students run.

And that experience is translating into success.

"Students enter the industry at all levels and styles of cooking," Steele says. "Our graduates make up a large part of the workforce of the Lower Mainland and you can find our chefs in most kitchens all over the city. Some have gone on to start their own businesses."

VCC instructor Shelley Robinson is the executive chef for Coast hotels and won Chopped Canada in January. John Carlo Felicella is also an instructor and department head who serves as team manager for Culinary Team Canada Olympics 2016. And that's just two of many success stories.

The hands-on experience, combined with the elite teaching, ensures students are preparing for the workplace the right way.

"It allows them the opportunity to develop their knowledge, skills, and attitudes through a true experience," Steele says. "Students get quality and quantity at the same time."

Students don't need to be proficient chefs to enter the program.

"Anyone interested in professional cook training would be interested in our program," he says. "Prior culinary experience is helpful, but not necessary."

Upon completion, students can receive industry training authority professional cook Levels 1 and 2. The program is designed to prepare students for all entry-level cook positions.

Students interested in the program can visit vcc.ca and click on the culinary and baking section under programs/courses. There are monthly information sessions offered by VCC, the schedules of which are posted on the website. Intake for the foundation program occurs monthly.

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Program	Campus
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Baking and pastry arts Thursday, June 11, 10:30 a.m. - room 216	Downtown
Access to careers and education Friday, June 12, 2 p.m. - room 236	Downtown
Sports and recreation management Monday, June 15, 11 a.m. - room 419	Downtown
First-year university transfer engineering Monday, June 15, 3 p.m. - room B1227	Broadway
First-year university transfer computing science Monday, June 15, 3 p.m. - room B1227	Broadway
Medical transcriptionist Monday, June 15, 4 p.m. - room 829	Downtown
Medical office assistant Monday, June 15, 4 p.m. - room 829	Downtown

Downtown campus
located at 200-block Dunsmuir at Hamilton, two blocks west of Stadium SkyTrain station.

Broadway campus
located at 1155 East Broadway, one block west of Clark Drive, across from VCC/Clark SkyTrain station.

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LEARN MORE ABOUT CYBERSECURITY

Whether it's information stored on the cloud, to our day-to-day financial transactions and business interests, cybersecurity is of extreme importance to people from all walks of life. That's why the New York Institute of Technology, a leader in technological education, is bringing together some of the industry's top minds for a cybersecurity symposium.

The event will be held June 17 from 10:15 a.m. to 4 p.m., in the Vancity Theatre at 1181 Seymour St. Tickets are free to NYIT students and faculty members. The symposium is open to the public, who must buy tickets.

The cybersecurity symposium will focus on must-know topics in 21st-century cybersecurity. It also includes industry-leading panelists with experience in corporate, government, and military organizations who will bring perspectives as academics, consultants, directors, and specialists.

There will also be ample opportunity for networking and further discussion.

The event features guest speakers, including Dominic Vogel, an enterprise security analyst and security awareness evangelist, Dr. Babak Dastgheib-Behesthi, NYIT's associate dean, Lloyd Jura, a senior managing security consultant with IBM, and Lachlan Turner, from Ark InfoSec Labs.

For more on the symposium, contact vancouverinfo@nyit.edu. To register, visit eventbrite.ca/e/cyber-security-symposium-tickets-16718883631.

SHUTTERSTOCK

CONTRIBUTED

See the sights with NEC

Native students looking for entry into a career that truly lets you see the sights are encouraged to apply as soon as possible for entry into the NEC Native Education College's Aboriginal tourism operation program, as 12 spots are available, with tuition paid for by the government.

"This program is a wonderful experience for students," says Tanya Skvortsova, the Aboriginal tourism program co-ordinator at NEC Native Education College. "It follows the B.C. provincial curriculum, but also includes Aboriginal cultural courses, events, and support from the elders and the community."

The program is offered as a one- or two-year program. After one year, students receive a certificate; after two years, students receive a diploma. And the course is transferable to selected four-year degree-bearing universities. The first year prepares students to enter the tourism industry; the second year includes more business courses, designed to help students start small businesses or get a head start in the industry.

"It's a very hands-on program," Skvortsova says. "We do a lot of field study, visiting tourist destinations, learning from tour guides, and observing customers."

The program starts July 6. Interested students can visit necvancouver.org (online applications available) or call 604-873-3772. While there is no specific deadline for applications, Skvortsova recommends students contact the school or apply as quickly as possible to take advantage of the subsidized tuition program.

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Linking classes with clinical skills

MTI Community College dental assisting program

Graduates from MTI Community College's dental assisting program are taking a solid bite out of the job market thanks to a redesigned student-centred program that emphasizes the development and nurturing of students' critical thinking, problem solving, and communication abilities.

"Our small class sizes and engaging student learning approaches create a caring, supportive learning environment," says Daniel Shin, director of marketing and sales for MTI Community College. "The curriculum is designed to link classroom content with clinical skills to prepare students for holistic patient care. Learning is relevant, practical, and fun. Most students come to MTI because they want job-ready skills. Not only does the dental assisting program prepare students for employment as a certified dental assistant, we assist graduates with finding their dream job."

The program focus is on role-playing, hands-on creative projects, games, and small group projects, combined with small class sizes and supportive teachers. The 12-month program involves classes that occur for four hours a day, which enables students to maintain family and job commitments.

"Students who are attracted to the dental assisting program range from high school graduates, university graduates who cannot find employment in their field, stay-at-home moms whose children have grown up and left home, and those changing professions," Shin says. "We also have internationally educated dentists and dental hygienists enrol in our dental assisting program as a way of finding employment within Canadian dentistry."

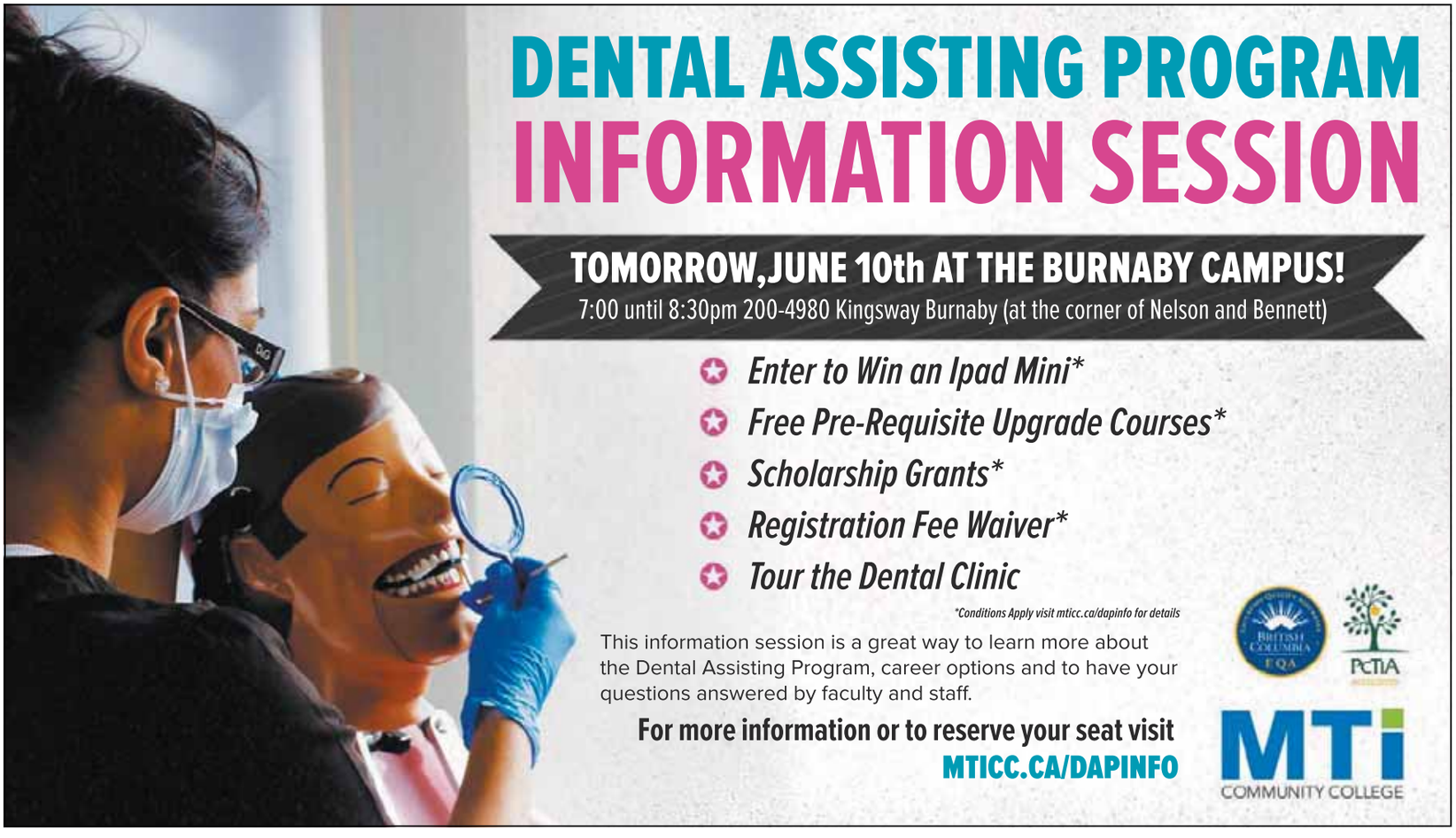
Graduates receive a dental assisting diploma that permits them to write the National Dental Assisting Examining Board exams, which is a requirement for all graduates in order to be eligible for registration and certification by the College of Dental Surgeons of B.C. This registration is mandatory to work as a certified dental assistant in B.C.

CONTRIBUTED

"Most dental assisting graduates assist a dentist in a private dental office," Shin says. "Certified dental assistants may also find employment in community health units, educational institutions, hospitals, and pharmaceutical companies."

Those interested in the program, which is accepting enrolment for its Burnaby dental assisting program that starts Sept. 28, can contact Shiin at 604-682-6020, ext. 226, or by email at daniel@mticc.com.

You can also visit mticc.com or drop in at any of MTI's six campuses to speak to one of its admission representatives.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For more information or to reserve your seat visit
MTICC.CA/DAPINFO
BRITISH COLUMBIA EQA
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COMMUNITY COLLEGE

Adding to your resumé

SHUTTERSTOCK

Navigating the world of summer internships can be tricky. There is a lot to think about when deciding whether to take on an internship during your summer break, but the main consideration for many post-secondary students is finances, says Tracey Lloyd, director of career and counselling services at Centennial College in Toronto.

"Only those who are financially able tend to participate in unpaid internship opportunities during the summer," Lloyd says. "The summer months are critical earning periods for most students."

With a preference toward paid opportunities, Lloyd says that in some creative sector programs, journalism for example, unpaid internships are common and can offer valuable learning experiences. But she warns that unpaid opportunities should be carefully researched.

"Students can be taken advantage of, young people in particular," she says. "Look at the company's track record and examine whether it is a reputable company. Do they have a formal internship program with a formal training program and supervision provided for interns? Also, explore how meaningful and relevant the job duties are to your future career goals."

It's also important to keep in mind that unpaid internships are usually full time, Lloyd says, making it difficult to balance an internship with paid part-time work.

Once you have decided that an unpaid internship will be viable, you will have to put in some legwork. Finding an internship will involve reaching out to your network, speaking to teachers and other faculty members who may have connections in the industry in which you want to intern, and approaching companies that are of interest to you, especially those you may want to work for after graduation.

"Similar to when looking for a paid job, tell everyone you know," Lloyd says. "You never know who will provide a good lead for you."

Lastly, Lloyd suggests approaching the internship as if it was a paid opportunity.

"This is a chance to prove yourself, expand your network and make a great impression on the employer. Always do your best, work hard and don't burn any bridges."

– Izabela Szydlo

CONTRIBUTED

INSPIRING THE FUTURE OF EDUCATION

For many, a career in education is a calling that is often inspired by a teacher or a personal experience. For Hoda Mohamoud, a Vancouver Career College early childhood education graduate, it is the latter.

Having two children with special needs, Mohamoud witnessed first-hand the attention, care, and interaction delivered by early childhood educators to her children.

"Seeing the impact they had on my children's lives, I felt that it was a career that I wanted to pursue," Mohamoud says.

Unlike traditional educational institutions, Vancouver Career College offers smaller class sizes, allowing for a more intimate environment that encourages students to communicate more openly with each other, as well as the instructors, which is especially helpful during practicum placements.

"The moment you see a child improve physically, socially, emotionally, or any overall improvement, it is an honour," Mohamoud says. "I live for those moments when a parent comes and hugs you, thanking you because they spotted an improvement in their child's life."

Graduates from Vancouver Career College's early childhood education program can pursue specializations in the ECE post-basic programs — infant/toddler specialization, and special needs specialization.

For more information, visit study.vccollege.ca or call 1-800-993-4086.

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metro SPORTS

Edmonton running back John White will likely miss CFL season with a ruptured Achilles

Tuesday, June 9, 2015

IN BRIEF

U.S. starts tournament with win over Australia

Megan Rapinoe scored twice and the United States overcame early defensive shakiness to beat Australia 3-1 in Winnipeg on Monday night in the Americans' opener at the Women's World Cup.

Christen Press also scored for the second-ranked U.S., which is seeking its third World Cup title and first since 1999.

Rapinoe's two-goal game was the first for an American since Abby Wambach against Norway in 2007. THE ASSOCIATED PRESS

Australia's Emily Van Egmond, right, and Carli Lloyd of the U.S. vie for the ball in Winnipeg, Monday. JEWEL SAMAD/AFP/GETTY IMAGES

Sweden, Nigeria draw

Francisca Ordega's 87th-minute goal pulled Nigeria into a 3-3 tie with Sweden on Monday in Winnipeg.

Linda Sembrant came off the bench to put Sweden ahead 3-2 before Ordega's drive sailed between goalkeeper Hedvig Lindahl's legs.

Sweden led twice in the match, including a 2-0 differential in the first half. THE CANADIAN PRESS

Mathews and Ticats pounce on Redblacks

Quarterback Jeff Mathews threw two touchdown passes and led the Tiger-Cats to 20 points in the first half as Hamilton cruised to a 37-10 victory over the Ottawa Redblacks on Monday night in CFL pre-season play.

Mathews, who is competing for the backup spot behind veteran Zach Collaros, hit Terrence Toliver down the right sideline for a 73-yard catch-and-run TD and threw a 23-yard score to Matt Coates streaking down the middle. THE CANADIAN PRESS

Reigning champs begin title defence in style

WOMEN'S WORLD CUP

Japan's Aya Miyama scores winning goal on penalty kick

Cam Tucker
Metro | Vancouver

The 2011 Women's World Cup champs from Japan got their title defence started on a positive note in Vancouver, but it wasn't easy.

Japan defeated an underdog Switzerland side by a final score of 1-0, with the lone goal coming on a controversial penalty kick awarded just past the midway mark of the opening half at BC Place Stadium on Monday.

Aya Miyama, the Japanese captain, buried her shot on the penalty kick, which was awarded after Switzerland's goalkeeper Gaelle Thalmann came out to deflect the ball away from her net on a breakaway.

However, after punching the ball away, Thalmann made contact with Kozue Ando inside the box and referee Lucila Venegas thought it was a harsh enough foul to call the penalty.

The goal lifted the large contingent of Japanese supporters out of their seats in celebration. The atmosphere inside BC Place was decidedly better for Japan-Switzerland, after a small and mostly quiet crowd took in the opening match between Cameroon and Ecuador earlier in the day.

Japan, now 1-0 in Group C action, will face Cameroon, also 1-0 after winning its Women's World Cup debut, on Friday at BC Place.

Japan's Aya Miyama converts a first-half penalty against Switzerland goalkeeper Gaelle Thalmann at BC Place Stadium on Monday night. JENNIFER GAUTHIER/METRO

GROUP C In Vancouver

JAPAN	SWITZERLAND
1	0

Up against a Japanese team sitting fourth in the women's world rankings, the No. 19-ranked Swiss didn't look in awe of their opponents.

They had their chances for the equalizer, but couldn't link up in the attacking third for the finish.

Twice, Swiss forward Ramona Bachmann brought about a collective gasp from the crowd with attacking efforts that were as skilled as they were determined.

In the first half, Bachmann fell to the turf, quickly gathered herself up and pushed the ball through the legs of a Japanese defender, cut to her right and just missed the post with a shot from the edge of the box.

She wasn't done there.

In the second half, she beat Japanese defenders to the goal and looked to have goalkeeper Erina Yama beat, however, Bachmann ran herself right out of room, then slipped on the recently installed turf as she tried to regain control of the ball for an opportunity.

GROUP C PLAY

Cameroon aims to surprise

Making its Women's World Cup debut, Cameroon defeated Ecuador 6-0 Monday at BC Place.

Gaelle Enganamouit scored the hat trick, her third goal coming on a penalty kick in second-half stoppage time.

Cameroon faces Japan on Friday at BC Place.

"Anything is possible in football. We came here to learn. If we qualify for the second round, it's going to be very good for Cameroon," said coach Enow Ngachu.

"If we can surprise in our group, it's going to be fine for us."

Lightning right-winger Nikita Kucherov, left, and Blackhawks centre Jonathan Toews battle for the puck in Chicago on Monday night. NAM Y. HUH/THE ASSOCIATED PRESS

STANLEY CUP FINAL

Bolts strike for 2-1 series lead

Cedric Paquette scored the tiebreaking goal on an exceptional pass from Victor Hedman with 3:11 to play, and the Tampa Bay Lightning beat the Chicago Blackhawks 3-2 Monday night to take a 2-1 lead in the Stanley Cup final.

Ondrej Palat tied it for the Lightning right after Brandon Saad put the Blackhawks ahead early in the third period, and the series appeared headed to its first overtime game.

Hedman, the Lightning's gifted Swedish defenceman, then took charge on an odd-man rush by drawing the defence and feeding a pass to Paquette. The low-scoring forward slammed the puck between defenceman Kyle Cumiskey's legs and into a wide-open net for his second goal of the series.

GAME 3 In Chicago

LIGHTNING	HAWKS
3	2

Ryan Callahan also scored and Ben Bishop gutted through an apparent injury to make 36 saves. The Lightning goalie looked like he couldn't move side-to-side or up-and-down at times. At others he was brilliant, getting the job done despite obviously labouring.

Brad Richards scored and Corey Crawford stopped 29 shots for the Blackhawks, who lost at home for just the second time in the playoffs.

Game 4 is Wednesday night in Chicago. THE CANADIAN PRESS

RECIPE Seared Tuna with Roasted Potato and Green Beans

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 5 minutes
Cook time: 12 minutes

Ingredients
- 12 oz unpeeled Yukon gold potatoes, sliced into ½ round slices
- 12 oz trimmed green beans
- 4 tsp olive oil
- Salt and pepper
- 3 Tbsp maple syrup
- 1 Tbsp Dijon mustard
- 1 Tbsp lemon juice
- 8 oz sushi-quality tuna

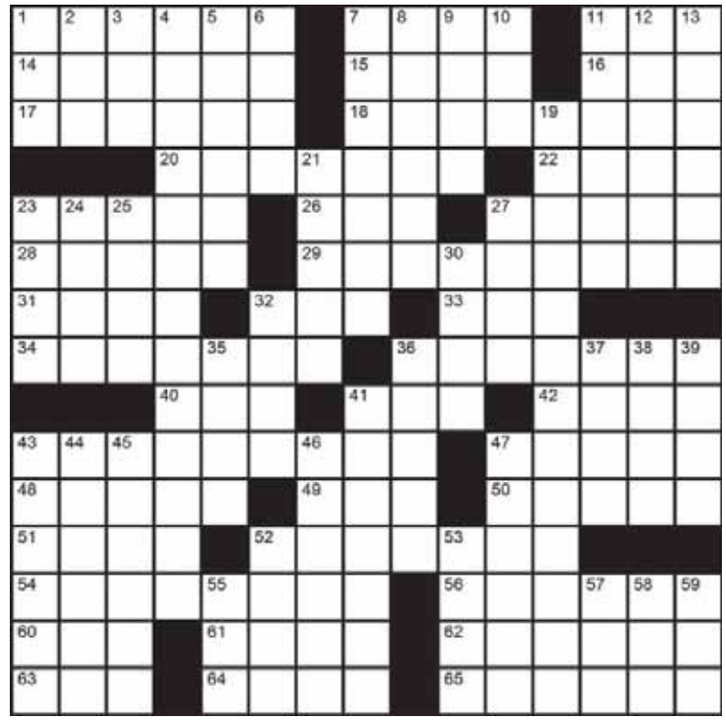
Directions
1. Preheat oven to 425 F.
2. In a pot of boiling water, cook potatoes for 10 minutes or until tender. Add to bowl along with green beans. Add 2 tsp olive oil, salt and pepper and toss.
3. Place on a baking sheet sprayed with vegetable oil and bake for 12 to 15 minutes, just until lightly browned.
4. Combine maple syrup, mustard, lemon juice and 2 tsp olive oil. Put 2 Tbsp of mixture into bowl, add tuna and marinate five minutes. Remove tuna and grill or sauté tuna for one to two minutes per side until rare or medium rare.
5. Slice tuna thinly across the grain, place over potatoes and beans and pour remaining sauce overtop.

Nutrition per serving
- Calories 220
- Protein 17 g
- Fat 5 g
- Cholesterol 20 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Don of "The Story of Alexander Graham Bell" (1939)
7. 23rd Greek letters
11. Insect
14. _ and Hardy
15. X-_ knife
16. Time off, fun-style
17. Scrape/wear away
18. Canadian specialty channel that airs "Outlander"
20. Gloria of "Sunset Blvd." (1950)
22. Vitamins brand, _ _ Day
23. Olympics city in Russia
26. A-U link
27. _ _ a Man (1947 Calder Willingham novel)
28. Mr. Robinson of "The Office"
29. Jazz singer born in Halifax: 2 wds.
31. "I'd like _ _ of Diet Coke, please."
32. Family
33. Airport sched. word
34. "Manic Monday" group, with The
36. Sporty swimsuits
40. Take the prize
41. Lefts opp.
42. Ms. Polo
43. Town in the Thousand Islands area of eastern Ontario
47. Force away
48. Hit for Canadian singer Edwin
49. Single
50. Finland's second largest city after Helsinki
51. 1997 Peter Fonda title role
52. Dutch artist Vincent: 2 wds.
54. Plot
56. Capital of Taiwan
60. The Skipper's island abode
61. Comic actress Roseanne
62. Informant's information
63. Printemps follower
64. Rock star Mr. Stone's
65. Where movie directors are typically: 2 wds.

DOWN
1. Tenn. neighbour
2. Fairy queen in literature
3. Continent, e.g.
4. They might drench rocky shorelines: 2 wds.
5. Snowy Owl for Harry Potter
6. Ancient Greek philosopher, Zeno of _
7. Fiery feeling
8. Fish group
9. Take _ _ the chin
10. Farm animal
11. Moviedom's Marlon
12. Open
13. Car repair shop stuff
19. World War I and II vessels that form a floating breakwater on Malaspina Strait in the coastal British Columbia city of Powell River: 2 wds.
21. Grape soft drinks Radar liked on "M*A*S*H"
23. Strikebreaker
24. Killer whale
25. James of "Misery" (1990)
27. Jane _
30. Swimmer's circuits
32. Casino game
35. Wrinkle
36. William _, Shrek! author
37. Actor Johnny
38. Nabisco cookie
39. Farm structure
41. Athletic shoes, Canadian-style
43. Tactless
44. With absolutely nothing left in stock: 2 wds.
45. Nothing: Italian
46. Mr. Slate's cartoon workplace
47. Get back
52. Lab bottle
53. Mr. Preminger
55. TV network
57. Edgar Allan who?
58. New newt
59. Suppositions

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Be yourself and follow your instincts. Opportunities will come thick and fast over the next few days and it's really just a question of how fast you can react to them.

Taurus April 21 - May 21
It's likely you are not your usual happy-go-lucky self at the moment and those around you have noticed the difference. Friends and colleagues will try to cheer you up, before you know it you will be all smiles again.

Gemini May 22 - June 21
Anyone who thinks you are too set in your ways will have to think again as you make strenuous efforts update your life. Don't follow the latest fad or fashion for the sake of it. Be progressive, not slavish.

Cancer June 22 - July 23
Act as if important people are watching your every move — because most likely they are. Uranus is sure to bring career changes of some sort and you are the one who will benefit.

Leo July 24 - Aug. 23
Today's Mars-Uranus link will have you feeling a lot more confident and adventurous. You will also feel that the things you have been worrying about in recent weeks are no longer worth the effort — you're right.

Virgo Aug. 24 - Sept. 23
Stop listening to other people and start listening to your inner voice for a change. Others will tell you what you want to hear today but only that small, still voice within will tell you what you need to hear. Listen to it carefully.

Libra Sept. 24 - Oct. 23
Someone you usually get along with will take an opposing viewpoint today and be quite aggressive about it. But so what? Instead of taking it personally just accept that sometimes even the best of friends can fall out.

Scorpio Oct. 24 - Nov. 22
Start making inroads into that pile of tasks you have to get through. For some reason you will be quite enthusiastic about the day-to-day chores you have to take care of — today at least.

Sagittarius Nov. 23 - Dec. 21
Forget about things that have gone wrong over the last couple months because you will more than make up for it over the next while. You have never been the sort who likes to feel sorry for yourself, so don't start now!

Capricorn Dec. 22 - Jan. 20
Make sure partners and loved ones know how you feel, especially if you are the kind of Capricorn who keeps a poker face. Sometimes it can be hard even for those who know you best to divine your mood.

Aquarius Jan. 21 - Feb. 19
Don't turn down a social invitation just because you have a lot of work to do. Today's link between Mars and your ruling planet Uranus urges — no, demands — that you get out into the world and have a fun time.

Pisces Feb. 20 - March 20
If you have been a bit too free with the cash in recent weeks then you will have to make savings between now and the end of the month. You may be tempted to have one final splurge today but, seriously, what's the point?

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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